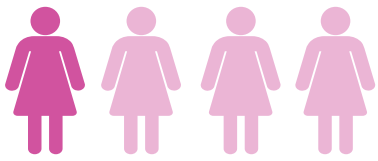


The Straight Scoop on Inductions

Labor induction is a common procedure.



ALMOST **1 IN 4 WOMEN**¹
HAVE LABOR INDUCED IN THE U.S.

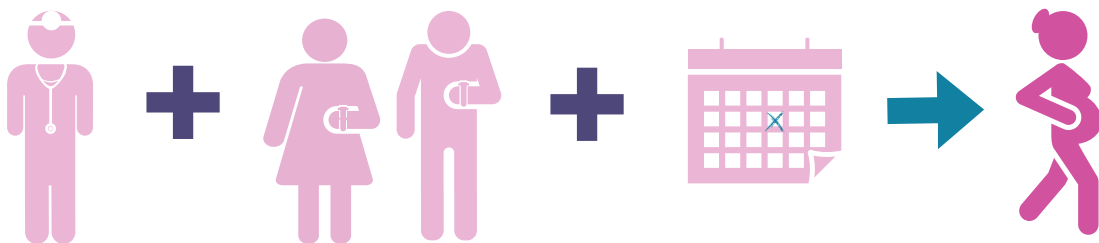
19%
of inductions occur

FOR NO MEDICAL
REASON

But is it a good idea? Inductions pose increased risks of:



15% of moms feel pressure from their provider.¹
Additional pressures may come from family or the calendar.



Before you agree to accept an induction, take the time to discuss important questions with your care provider.



Here are a few ways to make sure you're prepared to discuss these questions and push for better care:



PUSH FOR THE SAFEST, HEALTHIEST BIRTH POSSIBLE.
VISIT WWW.LAMAZE.ORG/PUSHFORYOURBABY TO LEARN MORE.



¹ Childbirth Connection, "Listening to Mothers III"

http://transform.childbirthconnection.org/wp-content/uploads/2013/06/LTM-III_Pregnancy-and-Birth.pdf.

² "Labor induction: Risks - MayoClinic.com." Mayo Clinic. Web. 9 Sept. 2013. <<http://www.mayoclinic.com/health/labor-induction/MY00642/DSECTION=risks>>.

³ Amis, Debby. "Healthy Birth Practices #1: Let Labor Begin on Its Own." Lamaze International. 2009. Web. 9 Sept. 2013.

<<http://www.lamazeinternational.org/p/cm/ld/fid=81>>.